



BREAKING THE SILENCE

AN 8-WEEK GROUP FOR MEN, MALE & MASCULINE IDENTIFYING SURVIVORS OF SEXUAL TRAUMA

This confidential and non-judgmental group is for male and masculine identifying survivors 18+ who have experienced any form of sexual trauma (e.g. childhood sexual abuse, recent sexual assault, any incident of sexual activity without your consent, sex trafficking, etc.).

This group will lay the basic foundation for trauma recovery work to support understanding the impact of trauma, coping with triggers, flashbacks and difficult emotions, improving relationships, accepting self and making meaning of your past.

Co-facilitated by: Todd Elliott, MSW, RSW & facilitator TBA

WHEN:

Tuesdays at 7 - 9PM
Jan 23 - Mar 12, 2024

WHERE:

Online via Zoom

HOW TO JOIN THE GROUP:

Contact WSN for more info or to register
Phone: 905 895 3646
Email: info@womenssupportnetwork.ca

DO YOU NEED SUPPORT TO ATTEND?

Childcare, language interpretation, dinner, web camera etc. Please discuss your needs when registering



SAFER SPACE